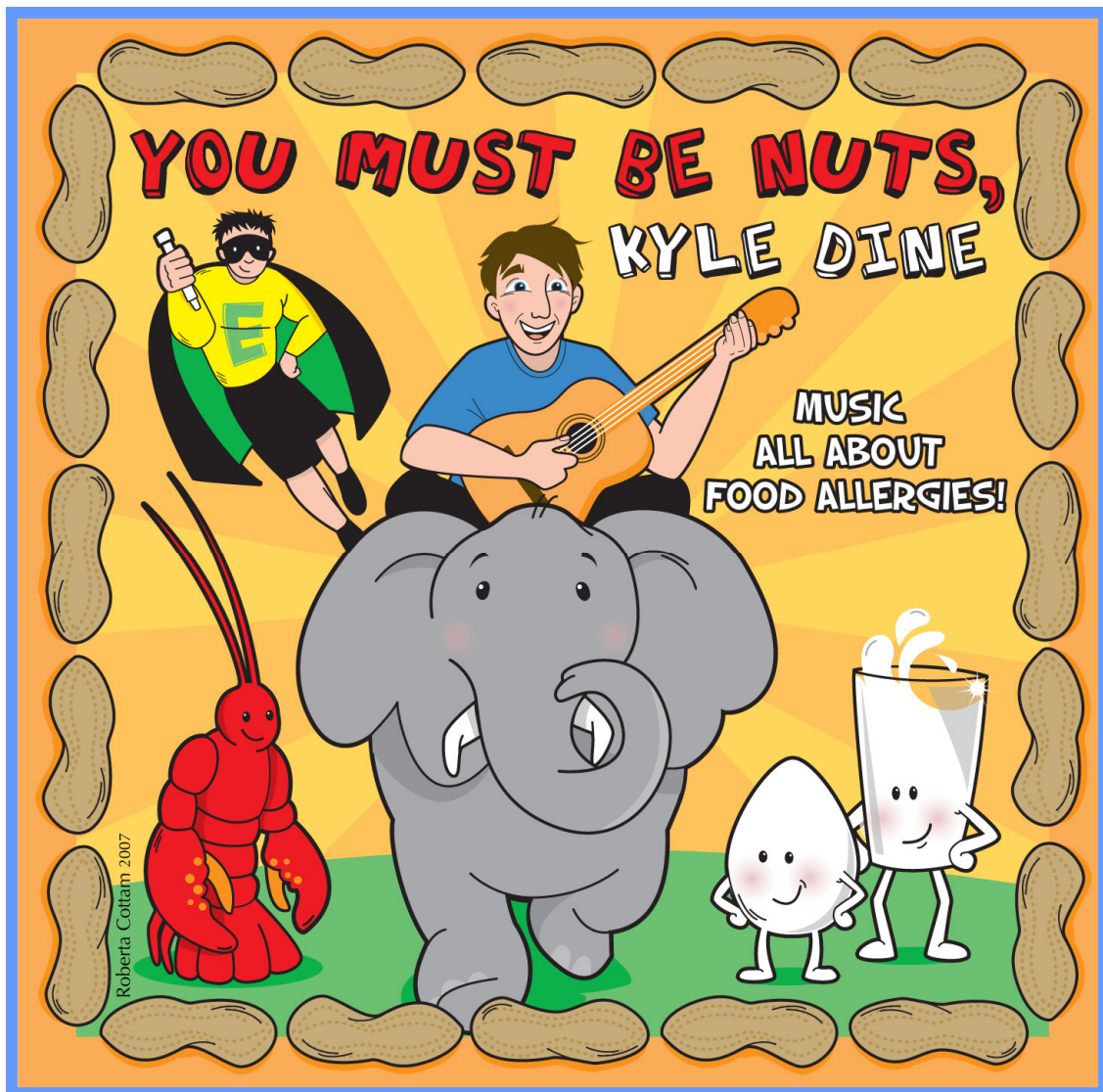


# Guitar Sheet Music

## You Must Be Nuts! Kyle Dine



**Music All About Food Allergies!**



# I Wrote a Song About Allergies!

(chorus)

G

I Wrote a Song

G

Just for Me

C

All About

G

My Allergies

Cuz I'm allergic to

G

Eggs and wheat and nuts and meat, avocado and kiwi aren't a treat

C

Milk and cheese don't feed me please, dairy, cherries and all the other berries

(chorus)

Cuz I'm allergic to:

G

Shrimp and juice, and great big moose, I can't eat birds but I've never tried  
goose

C

My lips feel numb when I eat a plum, but apples and bananas make my tummy  
say yum!

(chorus)

Cuz I'm allergic to:

G

Sour cream dips and chocolate chips, corn on the cob gives me swollen lips

C

Mould and moss and soya sauce, my mom's meatloaf is no big loss!

(chorus)

Cuz I'm allergic to:

G

Leafs and greens, and lima beans, I never had potato with a sour cream

C

I can't eat beats, or tasty treats like broccoli and Cauliflower or anything that's  
sour

D

C

Ending - But at least I'm not allergic to.....quick what's your favourite food?

G

PIZZA!!!





# Smellephant the Allergic Elephant

C

There once was an elephant

C7

Whose name was Smellephant

F

Fdim

Whose trunk was always stuff up

C

Am7

He ate so many peanuts

F

G

That he figured that one got stuck

He hoped it's not an allergy

So asked a good old pal to see

If anything was stuck in that trunk

But everybody knows that old Smellephant is allergic to nuts

(chorus)

F

C

Oh Smellephant, you got to cut nuts from your diet

G

C

If you try it, well I know you'll feel alright

F

C

Oh Smellephant, you know you can't deny it

G

C

That those nuts will make you sick every time

G7

But until then....

F

C

Oh Smellephant, Oh Smellephant

G

F

C

You gotta blow your nose!

The elephants they all agreed

That Smellephant should take the lead

And try something else like worms

Cuz everybody knows that when you sneeze you're spreading germs

They wanted to get rid of ya

And kick you out of India

But Smellephant said "Hey Wait!"

I'll trade you all my nuts

If you trade me all your grapes

(chorus)

Now there's not an issue

Because there's lots of tissues

And Smellaphant has never felt better

C

F

G

It's hard to stick to gum when peanuts taste so yum!

When your dancing in the moonlight, you don't want to say gazoontight

When your trying on your clothes, you don't want to blow your nose



# Gluten-Free Blues

Capo 1

(chorus)

E7                    A7  
I can't eat bread, I can't eat dough  
D7    G7  
I can't eat crust to make my chest hair grow

E7    A7  
I can't eat spaghetti, or macaroni  
D7    G7  
If you ask me it's all a load of bologna

E7                    A7  
I can always feel the sign  
D7    G7  
Right in my lower intestine  
E7    A7  
It gives me pain and tummy aches  
D7    G7  
It must have been something that I ate

E7    A7  
Could have been oats, wheat or rye  
D7    G7  
Could have been the batter on the fish we buy  
E7    A7  
They call it gluten, and its absolutin'  
D7    G7  
The reason I get sick inside

(chorus)

E7    A7  
They say it's not an allergy  
D7    G7  
But an intolerance from my family tree  
E7    A7  
I can make buns, and I can make bread  
D7    G7  
I can make anything that you're all fed  
E7    A7  
I make things that are sweet or sour  
D7    G7  
I make it all with special flour  
E7    A7  
There's no difference between you and me  
D7    G7  
Except the fact that I'm gluten-free  
(chorus)



# That's a Peanut!

D C# B  
A  
It's a little known fact that there's all kind of nuts that all fall down from the tree

G F# E A  
But I'll leave all of them, for the climbing monkeys

But there's only one nut that comes from the ground, I'm sure all of you have seen them around

Whether you smelt it or seen it, you know it's a peanut

(Chorus)

G A G A  
They got two big ends like an hourglass, a skinny little middle like a blade of grass

G A  
Just keep them away because I don't eat it, that's a peanut, and I don't eat it, that's a peanut

Well I can't complain because there are many other people that have it much worse than me

Like being allergic to ice, how would you play hockey?

At the baseball game they're selling in the aisle ice cream and chips but all the while

Peanuts are all around, and I wish they put them back into the ground

(chorus)

When I ride the bus there's always somebody eating peanuts all by themselves  
When will the world learn, to leave them home on the shelf?

As for now that's how it's gonna be  
You'll never see a peanut like the way we see  
Although you might not mean it  
You know it's a peanut

(chorus)

Outro

P-E-A-N-U-T-S - you can take the peanuts we'll eat the rest  
P-E-A-N-U-T-S - they'll never stop you from being the best.



# Tingle on my Tongue

(chorus)

C# F#  
I sing about love, I sing about pain  
C# G#  
I sing about how my lunchbox ain't the same  
C# F#  
Every now and then my mouth feels strange  
C#  
Ever since I was young  
G#  
I've felt a tingle on my tongue

C# F#  
C#  
Well I guess it all started when I was five, when I ate an egg that gave me hives, and  
put  
G#  
my stomach in more knots than a rope.

C# F#  
My friends told me that I dreaming things, because they knew I could eat chicken  
wings  
C# G# C#  
And "Hey wait a minute, don't eggs come from chickens?"  
C# F#  
They didn't believe me as I went on and rambled, and joked that I should try my eggs  
all  
Scrambled  
C# G#  
But with all jokes aside I just told them c'mon guys!  
C# F#  
I tried eggs again, and told my friend, it don't matter if it come from a chicken or hen  
C# G#  
I'm allergic to that stuff, the doctor said so!  
(chorus)

When I got older all big and tall, had a problem at the food court in the mall  
With some Chinese noodles and an egg based chicken ball

Thank goodness I was carrying my needle case, because right away you should have  
seen my face  
Got all swollen up, it was likely from an egg trace.

Luckily all of my friends believe me now, and If I have a problem, I taught 'em how  
To help me out whenever they see the signs

Now I'm not afraid to talk about it, in case there is anybody who still will doubt it  
I might be young, but I know a tingle is on my tongue.  
(chorus)



# The Doghouse

A7-D7-G7-D7 (repeated)

(chorus)

Achoo- Gesundheit

Look what you've done

You got to stay outside so my nose won't run

Achoo - bless you!

Let the kitty chase the mouse

I got to put you in the ol' doghouse

Dogs, cats, four legged friends with hair on their backs

Make me sneeze, so please

Take out felix and rover before I come over

Put you in the doghouse, the doghouse

Or the kitty in the shed

Or my eyes will get all red

This room ain't big for the two of us

Don't want to make a fuss

But one of us has to go

(pre-chorus)

F

C

I wish I could play with you all day long

F

But the more I pet you

The more I feel

D

My sneezing grows strong.

(chorus)

A7-D7-G7-D7

Dogs, Cats, 4 legged friends with fur on their backs

Make me sneeze, so please, Take out

Felix and Rover before I come over

But I love you just the same

You're cute and you're scruffy

But you hair makes me stuffy

You gotta go outside for a little bit

You can always sit

In the ol' doghouse

(pre-chorus)

(chorus)





# UNDER THE SURFACE

C-E-F-G

C            E            F            G  
Under the surface, of the water, in the sea  
          C            E            G  
Is the place where , I go to, to leave my allergy

(pre-chorus)

C7  
All day long I've had a temptation  
F  
To swim up and touch the cute crustaceans  
D7  
But they just always make me nervous  
G  
But it's okay under the surface

(chorus)

C            E  
Jellyfish, shellfish  
F            D7  
Underwater snakes that hisssssss  
C    G    C  
I feel allergy-free

C            E            F            G  
I feel for, the poor blowfish, I think they're allergic to me  
          C            E            F            G  
Because their cheeks get, all swollen, like mine from shellfishies

C7  
When I'm on shore I get annoyed  
F  
Because all the cool fish I must avoid  
D7  
They just always makes me nervous  
G  
But it's o.k under the surface

(chorus)



# Stop! Please Don't Feed Me

(chorus)

G

Stop! (Stop) Please Don't Feed Me

Em

Stop! (Stop) Please Don't Feed Me

C

Stop! (Stop) Please Don't Feed Me

D

I'm really really special So please don't feed me

G

At a birthday party there's so much to eat

Em

Like birthday cake and chocolate treats

C

But when the bowl comes around with snacks

D

I need to know..... what is that!?

Sometimes your parent's aren't around

And you need to shout to the whole town

5 Little words that will keep you safe

So stand up real tall and say:

G

Stop! (Stop) Please Don't Feed Me

Em

Stop! (Stop) Please Don't Feed Me

C

Stop! (Stop) Please Don't Feed Me

D

I'm really really special So please don't feed me

I wear a bracelet on my wrist

That tells the world that I'm at risk

But some people don't always see

So I stick my arm up and say "Please Read"

When I'm at school eating lunch with friends

They all bring food that they trade or lend

It's not that their chow is bad or stale

But I just stick to my own lunch-pail

(chorus)



# *No Dairy Please!*

(chorus)

G

Sheep go Baaaaa

D

Cows go Moo

C

I can't have anything from you

G

Cream goes Splat!

D

Milk goes Swoosh

C

I can't have any dairy foods

G

D

G

So No Dairy, No Dairy Please!

G

When I go out to my grandpa's farm

C

I play in the hay that's in the barn

D

When it comes time to milk a cow

G

I just pass and ride the plow

I can't eat food from a cow or goat

Like vanilla ice cream in a root beer float

Doesn't matter if it's 2% of skim

Milk gives me hives right on my skin

(chorus)

I wish I could eat more at the farm

But so many things just can cause me harm

From milking the cow to making cheese

No Dairy Please!

Yogurt Milk, sour cream

It's not so hard as it may seem

Skip that butter and I'll skip that rash

And I'll never have to deal with a milk mustache

(Interlude)

(chorus)

(Interlude)

Hey you want to hear a joke?

Where do cow's go when they want a night out? To the Mooooovies!

How does a farmer count his cows? With a Cowculator!!!

What do you call a sheep with no legs? A Cloud!

(chorus)



# Dale Evan

(chorus)

C Em Am G  
1 2 3 4 5 6 7 8...9 10 Dale Evan

C Em Am G  
There once was a man who climbed every mountain, superstar status, Dale Evan.

C Em Am  
With his pointy little boots and his skinny little knees, his mission was to  
G  
cure food allergies.

C Em Am G  
1 2 3 4 5 6 7 8...9 10 Dale Evan

C Em Am G  
All the countries he would go, and search high and low, to never again see a  
G  
swollen lip grow.

C Em Am G  
He always had a plan and stayed to his tactic, of curing everybody who was  
anaphylactic.

C Em Am G  
1 2 3 4 5 6 7 8...9 10 Dale Evan

C Em Am G  
He was allergic to eggs and milk and soy, every since he was a 3 year old boy.  
C Em Am G  
And ever since then, he's never quit, of looking for the answer of why we get sick.

C Em Am G  
1 2 3 4 5 6 7 8...9 10 Dale Evan

C Em Am G  
On the 11<sup>th</sup> day of his 25<sup>th</sup> year, Dale Evan told everyone not to fear.  
C Em Am G  
He shouted to the world with a big raised fist, food allergies now don't exist!

(slow tempo) C Em Am G  
Never has the world been in so much delight, as that day 11, Dale Evan won the fight.  
C Em Am G  
Now we count to 10 and shout his name, we thank him for letting us all eat the same.

C Em Am G  
1 2 3 4 5 6 7 8...9 10 Dale Evan



# I WON'T LET IT BOTHER ME

A-G (Choppy)

A G A

I ain't missing out on anything, no no

A G A

No peanuts in my chocolate, only cocoa

(chorus)

A A/C#

I'm the one who gets the special treat

D G

Never slow down from a food allergy

A E A - G

Because I won't let it bother me

A G - A

I know everything about eating right

A G - A

And they're many other people that are just my type

A A/C# D G

Eggs are for chickens, fish are for bears, Elephants with peanuts, now ain't that rare

A E A-G

And I won't let it bother me.

(Bridge)

D A - G

All my friends know, and my teacher too

D E D

My mom could write a book on how to bake the best cookies for you

A - G

And I could write a book on how to eat 'em!

When it comes to reading I'm ready and able

Practice everyday when I read a label

Nuts are for squirrels, Milk comes from cow, never tried brussel sprouts and I won't start now

I won't let it bother me.

Because I won't let my food allergies bother me.





# The Birthday Party

Capo on 1

Am-D-G-C repeated

Am            D                            G                            C  
Please let me go, please let me go, please let me go  
Am                            D                            G  
And we'll all be friends at the birthday party

I know you think of me  
As the kid who can't eat anything  
But please don't be afraid  
When the invitations are made  
To put me on your list  
I don't need much and I'll bring my own cake too  
And what that means, is that there's one more piece for you

Please let me go, please let me go, please let me go  
And we'll all be friends at the birthday party

It's time to play some games, learn some names  
Watch you blow out candle flames  
Ride our bikes, or play hockey  
Then pin the tail right on the donkey

Build a fort, or play house  
Hide and seek like cat and mouse  
Open gifts from all your friends  
Wish this party would never end

Thanks for letting me go,  
Thanks for letting me go to be with my friends at the birthday party

In three months time, I'm turning nine  
And will have all of you in mind  
To celebrate this special date  
And share all of my birthday cake

We'll pick a theme like sports or dolls  
With party hats to match it all  
Potato sacks to have a race  
Noise makers now here's a taste

Thanks for letting me go, thanks for letting me go, thanks for letting me go to  
be with my friends at the birthday party x2

