FOOD ALLERGY TRUE OR FALSE QUIZ

Circle the right answer to these questions about food allergies.

1. If you ever feel strange or have symptoms after eating something, you should tell an adult right away.
   **TRUE**
   **FALSE**

2. When playing at the beach, it’s okay to leave medicine like an EpiPen® in the sand under the hot sun.
   **TRUE**
   **FALSE**

3. It is okay to eat food a stranger gives you.
   **TRUE**
   **FALSE**

4. People can only be allergic to peanuts and no other foods.
   **TRUE**
   **FALSE**

5. It’s okay to give your friend a high five after you eat something they are allergic to.
   **TRUE**
   **FALSE**

6. An EpiPen is an important piece of medicine and is not a toy.
   **TRUE**
   **FALSE**

7. People with allergies should never risk eating something that “may contain” what they are allergic to.
   **TRUE**
   **FALSE**

8. Hive, rashes, swollen lips, tummy cramps and trouble breathing can all be signs of an allergic reaction.
   **TRUE**
   **FALSE**

9. Telling your friends about your allergies is a good idea so they can help look out for you.
   **TRUE**
   **FALSE**

10. If you find a safe food, you’ll never have to read its ingredient list again.
    **TRUE**
    **FALSE**