



Dear Student Program Coordinator(s),

Thank you for volunteering to bring the *Allergy Awareness Challenge* to your school. Your help planning and running this program will give you community volunteer hours, as well as a great leadership experience. You will truly make a difference in promoting the health and safety of students at your school who have severe allergies.

All of the materials to run the *Allergy Awareness Challenge* and other helpful resources can be downloaded at www.AllergyChallenge.ca.

Please go through all of the materials and learn about the basics needed to prepare, promote, and run the program.

Your first step is to determine the dates that work best for your school. You may need to consult with your teacher, supervisor or your principal in order to find days that would be free of other important school-wide events taking place at lunchtime or after school.

Once the dates and times have been set, it will be up to you to promote the program in advance. Please read over the promotion schedule and print out the promotional posters and the templates for making school-wide announcements. The more you promote the *Allergy Awareness Challenge*, the more students will participate, learn, and have fun!

We suggest that you run the three challenges during the same week in this order:

Day 1 – *Adopt an Allergy for the Day*

Day 2 – *Food Allergy Jeopardy*

Day 3 – *Food Allergy Spelling Bee*

You will need to find up to six volunteers to help you during each day of challenges. It is a great chance for allergic students to volunteer as they already have first-hand knowledge about allergies and anaphylaxis. Your volunteers will likely need your help in preparing for their duties, so please make sure they are comfortable with their role and offer help. Please feel free to contact Food Allergy Canada with any questions at any time.

Wishing you lots of success running the *Allergy Awareness Challenge*!

Food Allergy Canada