

# “Let’s Go Nuts” for Food Allergy Education

*Food allergy advocate and educator performs across America raising food allergy awareness*

TORONTO, ON (March 10, 2014)

With a guitar slung over his shoulder, an EpiPen® on his belt, and a cast of zany puppets accompanying him, Kyle Dine is no ordinary musician. He has performed in over 300 schools, educating students on what it's like to live with food allergies, and what they can do to help keep others with allergies safe. After growing up with multiple food allergies himself, he has a lifetime of stories and experiences that he shares with students while answering their questions.

Food allergies affect 1 in 13 children in the U.S. and are on the rise, creating a need for more attention and awareness for the condition. That is exactly what this Canadian musician is attempting to do throughout an American tour of elementary schools and communities. Along the way he will be educating tens of thousands of students about life-threatening food allergies, also known as anaphylaxis.

This spring, he heads on his biggest journey yet with the aptly titled "Lets Go Nuts!" tour. In a span of 2.5 months, Dine will be performing over 80 concerts at schools, libraries, and community centers. Dine is excited for the tour and to have the opportunity to raise food allergy awareness. "Food allergies are a growing issue around the world, and I truly enjoy helping kids learn valuable lessons on inclusiveness and tolerance for others with food allergies.

Dine educates children about the basics of food allergy including the signs and symptoms, treatment, and what people can do to help keep others with severe allergies safe. When performing he uses a creative blend of self-written songs, trivia, puppets and includes plenty of time for Q&A. "I'm always amazed how engaged kids are in learning about allergies and how they can help others. It's really encouraging and keeps me inspired," Dine remarks.

Companies that cater to needs of allergic families have taken notice of his efforts and are jumping on board the tour in the form of sponsorship. Gwen Smith, Editor of [Allergic Living](#) magazine, is delighted to align with Dine's tour: "Kyle is an amazing musician and ambassador for allergy awareness. Among food allergy families, he's a huge draw and the positive messaging in his songs fits just perfectly with Allergic Living's own approach to living well with allergies."

Visit [www.kyledine.com](http://www.kyledine.com) for a complete list of tour dates. If there isn't a food allergy concert coming to a town near you, you can follow along with Kyle Dine's tour on Facebook ([www.fb.com/KyleDineMusic](http://www.fb.com/KyleDineMusic)) and Twitter ([www.twitter.com/KyleDine](http://www.twitter.com/KyleDine)).

Photo Link: Tour Logo - <http://bit.ly/LetsGoNuts>

Photo Link: Kyle Dine Photo - <http://bit.ly/KyleDinePhoto>

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