

Song 8 – Bzzzz

Listening Activities

- a. Make a “Bzzzz” noise every time you hear one in the song.

Discussion Questions

- a. We know people can be allergic to food; can they be allergic to bee stings too? (Yes)
- b. When do bees sting people? (When they are angry or mad)
- c. Should we ever try to make a bee angry or try to hurt one? (No)
- d. Has anyone ever had a bee sting?
- e. How does it feel?
- f. What did you do?

Teacher’s Note: Students may wonder if they are allergic to bees as it was likely they have had an unpleasant bee sting experience. Inform them that doctors are the ones who will tell you if you’re allergic to bees, but we should all be careful because bee stings hurt!

Song 9 – I’ve Got Allergies under Control

Listening Activities

- a. Stomp your feet every time Kyle says “stomp”.

Discussion Questions

- a. Would people with allergies ever need help from others? (Yes)
- b. What can we do to help keep our allergic friends safe at school?
(Avoid bringing allergen, wash our hands, no sharing)
- c. What do we try to avoid bringing to school?
- d. If you had peanut butter for breakfast, what do you need to do before coming to school, and giving an allergic friend a high five?
(Wash your hands)



Song 10 – Its Just Food

Listening Activities

- a. Have students do a “chomp chomp chomp” every time they hear “It’s Just Food”.

Discussion Questions

- a. What type of events do you celebrate?
- b. What do you do at celebrations?
- c. How can we make our celebrations safer for friends with food allergies? (Have food in another room, avoid bringing their allergen, label food)
- d. What can we do in our classroom to safely celebrate special occasions?

Teacher’s Note: Use this discussion to introduce any school policies surrounding in class celebrations and food. Kids may take ownership in it if they feel that it came from this discussion.